



KŪMARA FRIES

KŪMARA FRIES INGREDIENTS:
Kūmara, & salt.

KŪMARA FRIES		
AVERAGE SERVING SIZE: 283G	AVERAGE PER 100G	AVERAGE PER SERVE (283G)
ENERGY (KJ)	1257	3556
ENERGY (CAL)	301	851
PROTEIN (G)	1.6	4.4
FAT, TOTAL (G)	9.5	27
- SATURATED (G)	0.8	2.4
CARBOHYDRATES (G)	52	146
- SUGARS (G)	18	52
SODIUM (MG)	192	543

BURGERFUEL AIOLI		
AVERAGE SERVING SIZE: 40G	AVERAGE PER 100G	AVERAGE PER SERVE (40G)
ENERGY (KJ)	3150	1260
ENERGY (CAL)	754	301
PROTEIN (G)	0.2	0.1
FAT, TOTAL (G)	84	34
- SATURATED (G)	6.9	2.8
CARBOHYDRATES (G)	1.9	0.8
- SUGARS (G)	0	0
SODIUM (MG)	288	115