



V-TWIN VEGE

V-TWIN VEGE INGREDIENTS:

Mushroom, kūmara, chickpea & basil patty; vegetarian cheddar, truffle mascarpone, plum sauce, salad, Relish, BurgerFuel Aioli & a wholemeal bun.

| V-TWIN VEGE SERVED ON A WHOLEMEAL BUN | | | |
|---------------------------------------|------------------|--------------------------|--|
| AVERAGE SERVING SIZE: 367G | AVERAGE PER 100G | AVERAGE PER SERVE (367G) | |
| ENERGY (KJ) | 1047 | 3842 | |
| ENERGY (CAL) | 250 | 919 | |
| PROTEIN (G) | 8.4 | 31 | |
| FAT, TOTAL (G) | 13 | 49 | |
| - SATURATED (G) | 3.8 | 14 | |
| CARBOHYDRATES (G) | 24 | 88 | |
| - SUGARS (G) | 6.1 | 22 | |
| SODIUM (MG) | 374 | 1373 | |

| V-TWIN VEGE SERVED ON A GLUTEN FREE BUN | | | |
|---|------------------|--------------------------|--|
| AVERAGE SERVING SIZE: 408G | AVERAGE PER 100G | AVERAGE PER SERVE (408G) | |
| ENERGY (KJ) | 1256 | 4609 | |
| ENERGY (CAL) | 300 | 1103 | |
| PROTEIN (G) | 7.6 | 28 | |
| FAT, TOTAL (G) | 15 | 55 | |
| - SATURATED (G) | 4.1 | 15 | |
| CARBOHYDRATES (G) | 34 | 123 | |
| - SUGARS (G) | 6.5 | 24 | |
| SODIUM (MG) | 428 | 1571 | |

| V-TWIN VEGE SERVED AS A 'LOW CARBORATOR' (LOWER CARB') | | | |
|--|------------------|--------------------------|--|
| AVERAGE SERVING SIZE: 292G | AVERAGE PER 100G | AVERAGE PER SERVE (292G) | |
| ENERGY (KJ) | 897 | 2619 | |
| ENERGY (CAL) | 215 | 627 | |
| PROTEIN (G) | 7.1 | 21 | |
| FAT, TOTAL (G) | 15 | 45 | |
| - SATURATED (G) | 4.5 | 13 | |
| CARBOHYDRATES (G) | 12 | 35 | |
| - SUGARS (G) | 4.1 | 12 | |
| SODIUM (MG) | 302 | 882 | |

^{1 60%} less carbohydrate than the regular V-Twin Vege