



BACON BBQ ROADSTER

BACON BBQ ROADSTER INGREDIENTS:
NZ grass fed beef, cheddar, bacon, battered onion rings, BBQ sauce, Relish, BurgerFuel Aioli, & a wholemeal bun.

BACON BBQ ROADSTER SERVED ON A WHOLEMEAL BUN			
AVERAGE SERVING SIZE: 488G	AVERAGE PER 100G	AVERAGE PER SERVE (488G)	
ENERGY (KJ)	1100	5362	
ENERGY (CAL)	263	1283	
PROTEIN (G)	14	67	
FAT, TOTAL (G)	16	76	
- SATURATED (G)	5.6	27	
CARBOHYDRATES (G)	17	81	
- SUGARS (G)	4.5	22	
SODIUM (MG)	569	2776	

BACON BBQ ROADSTER SERVED ON A GLUTEN FREE BUN			
AVERAGE SERVING SIZE: 529G	AVERAGE PER 100G	AVERAGE PER SERVE (529G)	
ENERGY (KJ)	1160	6130	
ENERGY (CAL)	277	1466	
PROTEIN (G)	12	64	
FAT, TOTAL (G)	16	82	
- SATURATED (G)	5.3	28	
CARBOHYDRATES (G)	22	117	
- SUGARS (G)	4.4	23	
SODIUM (MG)	563	2973	

BACON BBQ ROADSTER SERVED AS A 'LOW CARBORATOR' (LOWER CARB')			
AVERAGE SERVING SIZE: 413G	AVERAGE PER 100G	AVERAGE PER SERVE (413G)	
ENERGY (KJ)	1004	4140	
ENERGY (CAL)	240	991	
PROTEIN (G)	14	58	
FAT, TOTAL (G)	17	72	
- SATURATED (G)	6.4	26	
CARBOHYDRATES (G)	7.0	29	
- SUGARS (G)	2.8	12	
SODIUM (MG)	554	2285	

^{1 65%} less carbohydrate than the regular Bacon BBQ Roadster